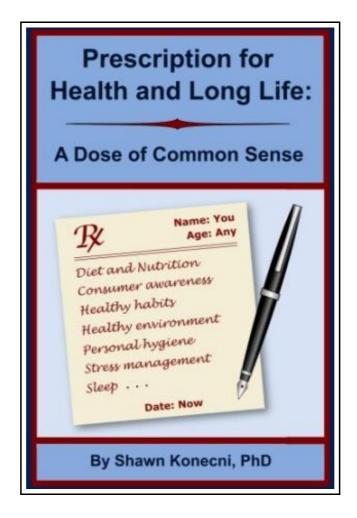
# Prescription for Health and Long Life: A Dose of Common Sense



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(Dr. Pat Hegmann)

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