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Wing Chun - Closing the gap with Chum Kiu

By Mark Beardsell

Lulu.com, United Kingdom, 2013. Paperback. Book Condition: New. 210 x 148 mm. Language: English . Brand New Book ***** Print on Demand *****.The next step in Wing Chun after learning the Siu Lim Tao is to learn Chum Kiu; this is the second form in the system and takes you from the stationery position of Siu Lim Tao by adding mobility and kicks including a brand new tool set thus giving you a whole new outlook on how things work in the system, suitable for home study via my distance learning course or just simply to help you with your knowledge of wing chun, this book is the intermediate level of wing chun known as Chum Kiu or Bridge seeking, you should read and absorb the first Book for Siu Lim Tau before attempting this as you will just create a whole bunch of mistakes in your wing chun.



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