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So Raw it s Downright Filthy: A Raw Vegan Cookbook

By Joshua Ploeg

Microcosm Publishing, United States, 2011. Paperback. Book Condition: New. 173 x 102 mm. Language: English . Brand New Book. Let us not understate the might and magic of Joshua Ploeg s cooking. The dude s meals sparkle in your mouth; they burst and bloom; they explode and breakdance and pirouette! Joshua s the traveling vegan chef and he is--as we speak, no less!--touring the world making insane-in-the-membrane multi-course DIY meals at shows and dinner parties. (You can book him right here! /) A wonderful follow-up to his third cookbook, In Search of the Lost Taste, this brand-new zine is Joshua s take on raw food and it is llllllong awaited. Revel in the majesty of easy and cheap recipes like his Mushroom-Pear Salad with Five Spice. Give yourself a massive high five after fixin up his pho (which is pho-king great!). Go bananas with his green curry, his incredible Shitakesbury Steak, his OMG-worthy raw Shepherd s Pie! Want some more? There s more, much more: 28 slammin pages with tips on all-things raw, raw-related articles, and awesome-a-licious recipes like Garlic-Sunflower Pate, Cashew Sour Cream, Melon Gazpacho, and Gumbo! The raw diet does not have to mean a pile of wilted...



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Reviews

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The book is straightforward in study better to comprehend. It is really simplistic but unexpected situations in the fifty percent of the ebook. Its been written in an exceptionally simple way which is simply after i finished reading through this ebook in which basically altered me, affect the way i really believe.

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