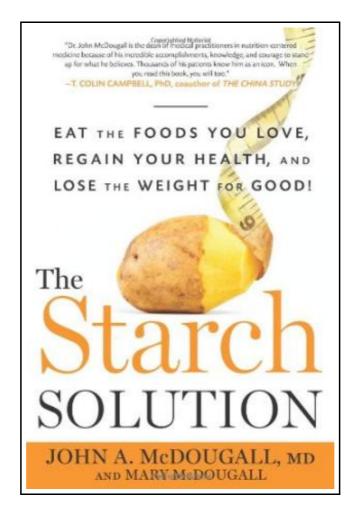
The Starch Solution: Eat the Foods You Love, Regain Your Health, and Lose the Weight for Good



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