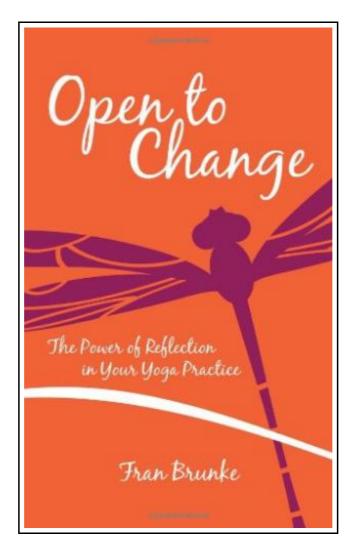
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OPEN TO CHANGE: THE POWER OF REFLECTION IN YOUR YOGA PRACTICE



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